

Medication Therapy Management Frequently Asked Questions



Where can I find an Outcomes Pharmacist?

You can find an Outcomes Pharmacist by using the Pharmacist Finder at www.getoutcomes.com.

Are all pharmacists in the Wellmark network also Outcomes Pharmacists?

Not all pharmacists in the Wellmark network are Outcomes Pharmacists. Outcomes Pharmacists have finished a special training course to provide these extra services. This course is open to any pharmacist. Ask your regular pharmacist if they participate.

Can I use my regular pharmacy and still visit an Outcomes Pharmacist too?

Yes. Your Outcomes Pharmacist is an added value of membership. You may continue to use any Wellmark network pharmacy for your prescriptions.

Will I pay additional costs for using an Outcomes Pharmacist?

No. These services are offered at no additional cost.

Do I need an Outcomes Pharmacist?

While Outcomes Pharmacists are available to all members, those with diabetes, high blood pressure, or other conditions treated with medications may see greater benefit.

Can an Outcomes Pharmacist save me money?

Similar medications can have large cost differences. Your Outcomes Pharmacist can help you take the least costly, most highly effective medications.

Will my doctor know if any changes should be made to my prescriptions?

Yes. Your Outcomes Pharmacist may make recommendations to you and your doctor(s) – but only your doctor can change your prescription.

Will I be required to use an Outcomes Pharmacist?

No. Your Outcomes Pharmacist is an added service of membership. They are there to help, but you are not required to use them.

Because of my participation in this program, will my prescription information be shared with the State of Iowa?

No, your prescription information will not be shared with the State of Iowa. No information about your prescriptions or medications will be shared with the State of Iowa without your specific authorization as required by law.

Why is this program being offered and how is the State able to offer the program at no cost to employees?

The State is interested in the wellbeing and overall health of its employees and health insurance plan members. Legislation passed in 2010 supported creation of this program.

How do I get started?

You can find an Outcomes Pharmacist by using the Pharmacist Finder at www.getoutcomes.com. Contact an Outcomes Pharmacist in your area to schedule your Comprehensive Medication Review (CMR).

How often should I obtain services from my Outcomes Pharmacist?

Once you have started with your Outcomes Pharmacist, you may wish to contact him or her throughout the year to address any questions or concerns about your medications. Your Outcomes Pharmacist may contact you, as well, to assist you with any medication issues that may arise.
